



团编号
HH/CDS/27

8天6晚 稻城亚丁+四姑娘山

全程无购物站
NO Shopping Stop

全程无需自费
NO Optional Tour

舒适住宿
Comfortable Accommodation

美味餐食
Delicious Meals

精彩娱乐
Exciting Entertainment

专业领队
Professional Tour Leader

独家体验

- 全程4星级酒店
- 充分探索亚丁自然保护区
- 惊叹于令人惊叹的自然风光,如原始森林、雪景山脉、高原湖泊

风味餐

- 川菜风味 • 中式料理 • 汤锅风味
- 丹巴风味 • 泸定风味 • 理塘风味 • 鸳鸯火锅

第一天 出发 > 成都

✈️ 机上用餐

- 集聚于国际机场, 乘搭客机飞往有着天府之国之称的成都, 也是四川省省会。

第二天 成都 > 四姑娘山 (5小时)

✈️ 早餐, 午餐, 晚餐

- 抵达后享用早餐, 后出发前往四姑娘山 - 双桥沟(含门票+环保公交车), 双桥沟是四姑娘山景色最丰富的一条, 您将乘坐观光车轻松游览, 沿途欣赏从人参果坪草甸, 沙棘林到日月宝镜, 猎人峰等形态各异的雪山。
- 猫鼻梁观景台 - 这里是观赏和拍摄四姑娘山全景的绝佳位置, 天气晴好时, 四座雪峰一字排开, 蔚为壮观。
- 夜宿于MountainGo 富山恒氧酒店或同级。

第三天 四姑娘山 > 丹巴 (3小时) > 雅江 (4小时)

✈️ 早餐, 午餐, 晚餐

- 今天将深入探索嘉绒藏族文化。首先探访被《中国国家地理》评为“中国最美乡村”的甲居藏寨(含门票+电瓶车), 数百栋色彩艳丽的藏式民居错落有致地散布在山坡上, 构成一幅壮丽的画卷。
- 塔公草原 - 位于海拔3730米的高原地带, 川藏公路穿境而过, 塔公草原面积712.37平方公里, 地势起伏和缓, 草原广袤, 水草丰茂, 牛羊成群。
- 雅拉雪山观景台 - 位于塔公草原, 这里可以远眺雅拉雪山的全貌。视线好的时候, 可以看到雪山的金顶在阳光下闪闪。
- 外观塔公寺及最美新都桥摄影观赏路是公认的摄影天堂。
- 夜宿于逸柏国际酒店(甘孜州雅江店)或同级。

需符合条款与条款

最后确认的行程将以旅行团抵达各地后接待社安排为准, 在不可预知的情况之下, 敝社保留删改行程内容的权力, 恕不预选通知。*图片仅供参考。

第四天 雅江 > 香格里拉镇 (8小时)

✈️ 早餐, 午餐, 晚餐

- 途径山路十八弯观景台。
- 卡子拉山观景台是川藏线G318上极具特色的“云中牧场”, 以其开阔的高山草甸和壮丽的全景视野吸引着众多游客。
- 仁康古镇(七世达赖喇嘛出生地)拥有400多年历史, 是古镇最古老的建筑。
- 经游苍凉壮美冰川遗迹, 天外星球留宿千湖之山--海子山古冰帽(海拔5020米), 有1145个大小海子。
- 夜宿于稻城时代亚丁大酒店或同级或同等级。

第五天 香格里拉镇 > 稻城亚丁 (0.13小时)

✈️ 早餐, 午餐, 晚餐

- 游览亚丁风景区(含环保车)以仙乃日、央迈勇、夏诺多吉三座雪峰为核心区, 海拔6032米, 藏语意为观世音菩萨。
- 冲古寺位于雪山的山脚下, 远处是千年不化的雪山, 身后是沉睡万年的峡谷, 冲古寺犹如天堂之门, 感觉接近天堂的地方。
- 洛绒牛场, 海拔4150米, 是附近村民放牧的高山牧场, 成群的牛羊在这里享受着充足的阳光、青青草地和纯净的湖水。
- 珍珠海在稻城亚丁景区, 神山仙乃日脚下有一个湖水幽蓝、鲜花围绕的圣湖--卓玛拉措(海拔3980米)。卓玛是藏语“度姆”的音译, 是“仙女”的意思, 其由来是说在雨季的时候, 从神山上流下来的溪流汇入湖中是撞在山石上碎散开来, 在阳光的照耀下如同撒开了的珍珠。
- 远眺仙乃日、央迈勇、夏诺多吉这三座神山。
- 夜宿于亚丁智选假日套房酒店或同等级。

第六天 稻城亚丁 > 新都桥 (8小时)

✈️ 早餐, 午餐, 晚餐

- 青杨林位于稻城县周边, 是迄今世界上海拔最高3740米和面积最大的人造青杨林。
- 稻城白塔群又称尊胜塔林或是胜利塔, 是康南地区唯一的一个公园, 由以藏族同胞心中至高无上的白塔为主题, 稻城白塔为纯四方形的底座, 分为五层, 最高层中央是个高大的主塔, 周围排列四层小白塔, 共108座。小塔内放置的是释迦牟尼佛祖, 主塔内放置的是尊胜佛母。小白塔围绕主塔, 颇为壮观。
- 桑堆小镇风景绚丽, 在公路沿线的牧场开阔平展, 河流平缓如镜。遥望远处, 在起伏的山峦间散落着村落、牧人、牛羊, 呈现一派宁静祥和的景象。
- 夜宿于康定新都桥赞著大酒店或同等级。

第七天 新都桥 > 成都 (6小时)

✈️ 早餐, 午餐, 晚餐

- 翻越折多山 - 位于四川省甘孜藏族自治州康定市境内, 是318国道川藏南线上的重要地标, 海拔4298米, 素有“康巴第一关”之称, 后打卡网红此生必驾318天全服务区与巨型路牌合影留念。
- 抵达成都前往黄龙溪古镇是中国历史文化古镇, 全国十大古镇之一。该古镇至今建镇已有1700多年, 也保存完好的名、清民居建筑群和深厚的民俗文化。
- 夜宿于成都艾克美雅阁酒店或同等级。

第八天 成都 > 回程

✈️ 早餐, 午餐, 晚餐

- 早餐后, 春熙路步行街是成都最繁华的商业街, 也是中国大陆最知名的商业街之一, 由春熙东路、春熙西路、春熙南路、春熙北路四条步行街组成的。
- 远洋太古里是一座开放式、低密度的街区形态的购物中心及IFS 熊猫爬墙-成都金融中心。
- 送往机场乘搭客机飞返回国。
- 带着美丽的回忆抵达温馨的家园。

旅程路线



特别景点



团费

出发日期



TOUR CODE
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8D6N DAOCHENG YADING + MT. SIGUNIANG



全程无购物站
NO Shopping Stop



全程无需自费
NO Optional Tour



舒适住宿
Comfortable
Accommodation



美味餐食
Delicious
Meals



精彩娱乐
Exciting
Entertainment



专业领队
Professional
Tour Leader

EXCLUSIVE EXPERIENCE

- All the way 4 stars Hotel
- Fully explore in Yading Nature Reserve
- You will be astonished by the amazing natural scenery, like the virgin forests, snow mountains, plateau lakes.

CUISINE

- Sichuan cuisine • Chinese dishes • Hot pot
- Danba cuisine • Luding cuisine
- Litang cuisine • Yin-Yang hot pot

DAY 1 DEPARTURE > CHENGDU

MOB

- Assemble at airport for your departure flight to Sichuan Province capital -- **Chengdu**.

DAY 2 CHENGDU > MT SIGUNIANG (5 HOURS)

Breakfast, Lunch, Dinner

- Upon arrival enjoy breakfast, then depart for **Siguniang Mountain - Shuangqiao Valley** (entrance fee and eco-friendly bus included). Shuangqiao Valley is the most scenic route in Siguniang Mountain. You will take a sightseeing bus for a leisurely tour, enjoying the diverse snow-capped mountains along the way, from Ginseng Fruit Meadow and Sea Buckthorn Forest to Sun and Moon Mirror and Hunter Peak.
- **Maobiliang Viewing Platform** - This is an excellent location for viewing and photographing the panoramic view of Mount Siguniang. On a clear day, the four snow-capped peaks stand in a row, creating a magnificent sight.
- Overnight at MountainGo Hotel or similar.

DAY 3 MT SIGUNIANG > DANBA (3 HOURS) > YAJIANG (4 HOURS)

Breakfast, Lunch, Dinner

- Today we will delve into the culture of the **Jiarong Tibetan** people. First, we will visit **Jiaju Tibetan Village** (entrance fee and electric cart included), which was named "China's Most Beautiful Village" by China National Geographic. Hundreds of brightly colored Tibetan houses are scattered on the hillside, forming a magnificent picture.
- **Tagong Grassland** - Located at an altitude of 3,730 meters, the Sichuan-Tibet Highway passes through the area. Tagong Grassland covers an area of 712.37 square kilometers. The terrain is gently undulating, the grassland is vast, the water and grass are abundant, and herds of cattle and sheep roam freely.
- **Yala Snow Mountain Viewing Platform** - Located in Tagong Grassland, this viewpoint offers panoramic views of Yala Snow Mountain. On clear days, the mountain's golden peaks shimmer in the sunlight.
- **The exterior of Tagong Monastery** and the scenic Xinduqiao photography route are widely recognized as a photographer's paradise.
- Overnight stay at Yibai International Hotel (Yajiang Branch, Ganzi Prefecture) or similar.

TERMS & CONDITIONS APPLIED

The order of itinerary is subject to the final discretion of local land operator, we reserve right to amend the itinerary due to the unforeseen circumstances without prior notice. * All pictures shown are for illustration purpose only.

DAY 4 YAJIANG > SHANGRILA TOWN (8 HOURS)

Breakfast, Lunch, Dinner

- Passing by the scenic viewpoint at the **18 bends of the mountain road**.
- **The Kazila Mountain Viewpoint** is a unique "pasture in the clouds" on the G318 Sichuan-Tibet Highway, attracting many tourists with its expansive alpine meadows and magnificent panoramic views.
- **Renkang Ancient Town** (birthplace of the 7th Dalai Lama) boasts over 400 years of history, and this is the oldest building in the town.
- Explore the desolate and magnificent glacial relics, and stay overnight on the mountain of a thousand lakes - **Haizi Mountain Ancient Ice Cap** (5020 meters above sea level), which has 1145 lakes of varying sizes.
- Overnight at Daocheng Times Yading Hotel or similar.

DAY 5 SHANGRILA > DAOCHENG YADING (0.13 HOURS)

Breakfast, Lunch, Dinner

- **Ya Ding Natural Reserve** - in Tibetan language means "facing the sun". It is called "the last pure land on earth", "the last Shangri-La and the holy land in the sun". (include scenic car)
- **Chonggu Temple** is located at the foot of the snow mountain, in the distance is a thousand-year-old. The melted snow mountain is behind the canyon that has been sleeping for thousands of years. The temple is like the gate of heaven, it feels close to heaven.
- **Lurong Cattle Farm**, 4150 meters above sea level, is where nearby villagers graze. Alpine pastures, where flocks of cattle and sheep enjoy plenty of sunshine, green grass and pure lake water.
- **The Pearl Sea** (3980m) "Zuomalacuo Lake" is located at the foot of Xiannairi Peak. It is like an emerald on the lotus-like valley filled with deep crystal blue water and surrounded by wild flowers.
- Overlook the three holy mountains "Xiannairi, Yangmaiying, and Shanuoduojia".
- Overnight at Holiday Inn Express Yading or similar.

DAY 6 DAOCHENG YADING > XINDUQIANG (8 HOURS)

Breakfast, Lunch, Dinner

- The **Poplar Forest**, located around Daocheng County, is the world's highest-altitude (3740 meters) and largest man-made Poplar forest to date.
- The **Daocheng White Pagoda Cluster**, also known as the Zunsheng Pagoda Forest or Victory Pagoda, is the only park in the Kham region. Themed around the white pagoda, considered supreme by the Tibetan people, the Daocheng White Pagodas have a square base and five levels. The highest level features a tall main pagoda in the center, surrounded by four levels of smaller white pagodas, totaling 108 pagodas. The smaller pagodas enshrine statues of Shakyamuni Buddha, while the main pagoda enshrines statues of Ushnishavijaya. The smaller pagodas surrounding the main pagoda create a magnificent sight.
- The **town of Sangdui** boasts stunning scenery. Along the road, pastures stretch out wide and flat, and the river flows gently like a mirror. In the distance, villages, herdsman, cattle, and sheep are scattered among the rolling hills, presenting a peaceful and serene scene.
- Overnight at the Zanfan Hotel in Xinduqiao, Kangding, hotel of similar.

DAY 7 XINDUQIANG > CHENGDU (8 HOURS)

Breakfast, Lunch, Dinner

- Cross **Zheduo Mountain** - Located in Kangding City, Ganzi Tibetan Autonomous Prefecture, Sichuan Province, Zheduo Mountain is an important landmark on the southern section of National Highway 318 (Sichuan-Tibet Highway). At an altitude of 4298 meters, it is known as the "First Pass of Kham." Afterwards, visit the popular "318-Day All-Day Service Area" and take photos with the giant road sign.
- Arrive in Chengdu and head to **Huanglongxi Ancient Town**, a Chinese historical and cultural town and one of the top ten ancient towns in China. This ancient town has a history of over 1700 years and preserves well-maintained Ming and Qing dynasty residential buildings and rich folk culture.
- Overnight at Chengdu Aikemei Yage Hotel or similar.

DAY 8 CHENGDU > HOME

Breakfast, Lunch, Dinner

- After breakfast, visit **Chunxi Road Pedestrian Street**, Chengdu's most bustling commercial street and one of the most famous in mainland China. It comprises four pedestrian streets: Chunxi East Road, Chunxi West Road, Chunxi South Road, and Chunxi North Road.
- Visit **Ocean Taikoo Li**, an open-air, low-density shopping mall and the **IFS Panda Climbing Wall - Chengdu Financial Center**.
- Transfer to the airport for your flight back home. Arrive home with sweet memories.

TRAVEL ROUTE



SPECIAL ATTRACTIONS



TOUR FEES

DEPARTURE DATE